

### Got a Headache, Pal? Try Standing on Your Head!



**UPSIDE DAISY!** This upside down position is assumed by Bobbi (Mrs. Ted) Carmona, 1323 W. Young, Wilmington, as a headache cure. Little Gari Lynn, almost 3, assumes position in imitation—just in case. Mrs. Carmona has used the "stand on your head" cure for the past two years following the suggestion of her husband who got the idea in an athletic class. "It hurts," says Bobbi, "but no worse than the headache you start with. It only takes a few minutes to chase the headache. When I feel the blood circulating into my head, I get back on my feet—without my headache."

### Local Musicians Play For Inglewood BPW

Bill, Steven and Brad Thomas, Dolores Steele, Gary Ritter, Debbie Bauer and Adrienne Balkman, students of the Flo Kendrick Studio, were among those presenting a musical program for the Inglewood Business and Professional Woman's club at their April dinner meeting.

Also on the evening's program was a talk on "Scouting for the Family" by Robert Thomas of Cub Scout Pack 761-C.

Watch for Special page on April 17th in Honor of National Realtor Week, April 13th to 19th.

### Sorority Has Cultural Meeting

Members of Xi Zeta Lambda Exemplar Chapter of Beta Sigma Phi met recently at a cultural and business meeting at the home of Miss Blanche Wright, 527-B Standard st., El Segundo.

The scrapbook committee reported on their progress at the business meeting presided over by Mrs. Don Fisher. Plans were formulated to participate in the Founder's Day banquet of South Bay Area Council, April 26 at the San Pedro Hacienda. Xi Zeta Lambda will be in charge of the programs.

Cultural program "Let's Think About Thinking" was presented by Mrs. Jack Baker and "Service Activities" was given by Mrs. Don Fisher.

Delicious refreshments were served by the hostess. Easter surprises were enjoyed by secret sisters.

Members present were Mesdames John Wise, Don Fisher, Raymond Millhouse, Richard Evans, Jack Baker, Carl Anderson, and Miss Blanche Wright.

### Playhouse Has Successful Run

Last two performances of the current offering of Hermosa Beach Playhouse on the pier, foot of Pier ave. in Hermosa, will be those given tonight and Sunday, April 13th.

The players have been enjoying a successful run with their showing of "The Crucible" by Arthur Miller, with a cast of 22. Charles Gray is the director.

The rapidly changing moods, dramatic lighting effects and the overpowering line of the story, coupled with the smart comfortable surroundings of the Playhouse, provide a memorable entertainment.

Hermosa Playhouse has established itself as one of the fastest rising legitimate theaters in the L.A. area. They have received wide acclaim for their first two shows, "The Joyous Season" and "Light Up the Sky" and its new children's theater has presented "Jack and the Beanstalk" to a series of capacity audiences.

### Back to School Days Planned at Narbonne High

"Back to School," announces Mr. Mike Marienthal, Narbonne's high school registrar, "is the theme for this year's Open House." The many parents, friends and citizens coming on April 23, at 7:15 will find the Open House program planned as a typical high school student's day.

Students will give a copy of their program to their parents on April 21. Friends, alumni and interested citizens coming to the program can pick up a student program at the registration center in the Administration Bldg. during Open House night. Every adult will be given his own program or a typical student program. Adults who have obtained programs will follow them, remaining in each class for about 10 minutes.

**Evening Program**  
The evening program will begin with a general meeting in the Circle area before classes. Mr. Herbert Morey, school principal, and Terry Mertz, ASB president, will each welcome the guests. Refreshments will be served in the school cafeteria, using the scramble system.

"Parents are encouraged to leave students at home because this night is planned and directed for the adults in the community," stated Marienthal.

Narbonne's service clubs will participate by working in the parking lots and giving directions.

### Local Red Cross Branch Plans Dinner Meeting

Plans for the Torrance-Lomita branch of the American National Red Cross annual June dinner meeting were discussed by the board of directors at a meeting held Monday night at the Palma restaurant.

Stanley Remelmeier, local branch chairman, furthered the plans by the appointment of the following committee to be in charge of preparations: Harley Rogers, chairman; Mrs. Gordon Jones and Mrs. Thomas Hayton. Business of the evening included reports on the fund drive by Don Moshos, drive chairman, and Mary Pogos, residential chairman.

Appointed as a nominating committee for next year's officers were Dick Felker, chairman; Dr. Don Moshos and Stanley Remelmeier.

An announcement by Remelmeier stressed a serious need for volunteer workers to serve as staff aides in the Torrance office and to participate in the local disaster relief program. All interested persons are urged to contact the Torrance office, 1347 El Prado, or phone FA. 8-0510 for further information.

Attending the meeting were Mesdames Virginia Jones, Doris Hayton, Mary Pogos, Cowden, Shelton, Bernice Goodwin, Pat Orsini, Bonnie Zupporde, and Dr. Don Moshos, Harley Rogers, Stanley Remelmeier, Victor Davenport.

### Committee Plans Benefit Dinner

Honoring Glenn M. Anderson, candidate for Lt. Governor, an Italian-American committee of the Sons of Italy, will sponsor a benefit spaghetti dinner, Sunday, April 20 at Centinela Valley Lodge hall, 4649 Imperial hwy. in Inglewood.

Chairman for the dinner is J. S. (Mel) Rufo, salesman for James P. O'Conner, realtor. His committee includes Phil La Loggia, real estate broker for O. R. Brown and Mrs. Sam Marletta, Gardena, Queen of Centinela Valley Lodge, Sons of Italy and Chef Frank Di Stefano, prominent Hawthorne mushroom grower.

Music during the dinner will be furnished by Carl Serra of Inglewood.

### University Group Plans Sale

Fellowships for talented women will be the purpose of the giant rummage sale to be held April 11, 12 by the Palos Verdes Rolling Hills branch of the A.A.U.W. The sale will be at 114 N. Pacific ave., Redondo Beach, the former Pacific Surplus Store, 9 a.m. to 4 p.m., Friday and Saturday. A great variety of merchandise will be offered.

Members are requested by Mrs. Roger Goode and Mrs. Howard Swanson, co-chairmen of the sale, to bring their rummage to the following collection points:

Mrs. Robert M. Brown, 2708 Via Anita P.V.E., FR. 5-1821; Mrs. Edwin Bohrow, 2631 Via Rivera, P.V.E., FR. 7-2553; Mrs. Laurette T. Dalley, 179 Via Los Miradores, R.B., FR. 5-0350; Mrs. James Heusdens, 2209 Via Guadalupe, P.V.E., FR. 5-6338; Mrs. Raymond Oddone, 6 Surrey Lane, Rolling Hills, TE. 3-9637; Mrs. Herbert Owen, 641 ave. C, Redondo, FR. 5-1859.

Others working on the committee are Mrs. Robert W. Burson, Mrs. Douglas Stone, Mrs. Donovan Fuller, Mrs. W. Holmes Smith and Mrs. David Dickey. Still others are Mrs. Fletcher Baughman, Mrs. Paul A. Reeder, Mrs. Phillip A. Meehan, Mrs. Lee E. Garwood, and Mrs. William A. Brown.

### Brownie Troop 207

Members of Brownie Troop No. 207 took advantage of Easter vacation to go on a hike and cook out. Utilizing the fire pits at El Nido Park, the girls were instructed in proper procedure for laying a bolic fire. After the demonstration, marshmallows were roasted to make Angel's Delight.

Brownies who participated were: Margie Cummings, Diane Freeman, Janet Garrod, Jackie Giles, Diane and Suzanne Haviland, Cheri and Teri Hollerup, Nancy King, Karen Scheele, Rita Scott, Jan Thompson, Lynda Tilley, and Carleen Weymouth.

Chaperones for the affair were: Sanford B. Tilley and Mmes. Loren Scheele, James Scott, and Howard Thompson. When the girls returned to the leader's home the Easter bunny had been there and left an egg basket for each Brownie. The troop is sponsored by Carl Steele PTA.

## WOMEN'S FEATURES ACTIVITIES CLUBS SECTION

Betty Laurent, Woman's Editor, FA 8-2345



SPAGHETTI TWIRLER J. S. (Mel) Rufo, chairman for April 20 dinner honoring Glen M. Anderson, Lt. Governor candidate, demonstrates his proficiency to (from left) Phil La Loggia, Mrs. Same Marletta, Gardena, Anderson, and "Chef" Frank Di Stefano, Hawthorne mushroom grower.

### Australian Club Elects Officers

New officers for the Australian club of Southern California were elected last Thursday night at the regular meeting in Gardena Recreation center.

New president is Mrs. Harold Purvis; Mrs. Carl Coover, vice president; Mrs. Charles Schillmoller, secretary; Mrs. R. E. Vassie, treasurer; Mrs. Dorothy Ivicevic, publicity chairman.

Following the election, the charter plan to Australia plan was discussed by club members and guests from similar clubs in Whittier and San Diego.

It was voted to go ahead legally with the flight preparations but it was emphasized that all fares must be in 60 days previous to the embarking date.

Among the guests was a Mrs. Edwards who had arrived from Sidney, March 15th, on a flight similar to that planned by the local club. She will be leaving June 16th on the return flight.

### Clubs Asked to Find Homes for Officer Students

The National Defense chairman of General Federation of Women's Clubs, Mrs. Gerald Whitaker, is asking that Marina District clubs cooperate with other districts in finding homes for Korean Officers who would like to attend school here beginning with the September semester. Their ages are between 25 and 35 years.

These outstanding young officers have been carefully chosen for 2 years study in the U.S. on "Student Leave" basis. They wish to live in homes and work for room and board on the same basis as our own American boys who earn their way through college.

This work experience is a practical part of their education in our American way of life and is predicated upon the pay standards of each college concerned. The colleges in Marina district having the program are Santa Monica Jr. College and El Camino Jr. College.

### Beautification Project Judged on Tuesday

The grounds beautification project of Marina District 18, California Federation of Women's clubs garden sections, held their project judging on Tuesday, April 8th.

Garden sections entered in the competition were Torrance Woman's club, Hawthorne, Inglewood and Pacific Palisades Woman's clubs.

Judges were Mrs. Harold Wilcox, Hollywood and Mrs. William Grogape, L.A., national judges.

Accompanying the judges on their garden tours were Mrs. Fern Kingsburg, district chairman of Hawthorne and Mrs. John W. Thuss, vice district chairman, and chairman of the Torrance club's garden section.

### Women's League To Have Election

The League of Women Voters of Palos Verdes Estates, a "local" League in the sense that it includes women in Torrance and the South Bay area, will hold its annual meeting at 10:30 a.m. Monday, April 14, at the La Ventura Inn. This will be a luncheon meeting and is planned to include formal business as well as small "buzz" sessions, to discuss various problems of the young League. All members are urged to come and bring guests to this "miniature convention."

The most important function of the meeting is to get member opinion on the work of the League to date. This will give members an opportunity to express themselves on such points as whether progress so far satisfies needs of the members; how many general meetings should there be; how many public meetings; what are the best features of the local League and what needs improvement?

Business to be transacted includes election of officers and the adoption of a local study for the coming year. There will also be progress reports from board members, committee chairmen and special study chairmen. For further information and reservations, call Mrs. Robert Christensen at FR. 5-8270.

### Ann Jane Reno Wins Trophy On Local TV Talent Show

Ann Jane, 10 year old daughter of Mr. and Mrs. Raymond E. Reno, 1836 Elgar ave., is the proud winner of a trophy from the Wilshire Oldsmobile TV show over KTLA, awarded during last Saturday's program. Ann received the award for an appearance three weeks ago.

She has done a great deal of theatrical work, especially at the Three Arts Dance studio where she has a scholarship from the Herald-Express as a prize from a 1956 talent show. She has also made many USO appearances and has danced in programs throughout Southern California. Her numbers in amateur performances of "Guys and Dolls" and "Damn Yankees" were well received.

Ann takes lessons in drama, singing, piano and all kinds of dancing. She has danced since she was three and taken singing for the past two years.

She has her own agent and recently was called for an interview at the Desi Lou studios, in connection with their contemplated series on Tin Pan Alley.

Sister a Winner  
Joyce, Ann's 17 year old sister, was a February winner in the Wilshire Oldsmobile show. She, too, is a Three Arts student and at present is rehearsing for their coming show which will be a studio original musical.

The Reno sisters came from Lowell, Massachusetts, with their parents five years ago to make their home in Torrance.

### Slim and Trim

First in a series of Slim and Trim classes at the Torrance branch YWCA, 2329 W. Carson st. will be held tonight, beginning at 7:30 p.m.

The classes will feature exercises for those who sit too much, stand too much, eat too much, and for those who merely want to relax. The exercises will be done to music, and will be given in a series of eight lessons, at \$4. Membership in the YW is a prerequisite to joining.

### Youth Symphony In Concert Debut

Concert debut of the Harbor Symphony Orchestra was held Wednesday evening in the multipurpose room of Narbonne High school.

The group under the direction of founder-conductor Eugene Minor, was heard in Piccini's "D-D-D Overture", Henry Cowell's "Hymn No. 3", Leroy Anderson's "Syncopated Clock", Wagner's "March of the Meistersingers", Alfred Newman's "Street Scene", and the finale from Dittersdorf's "Symphony in F Major."

A special feature of the concert was the first west coast hearing of Loundes Matur's overture to "Proud Music of the Storm". Mr. Matur, who is one of Los Angeles' leading pianists, has played with many outstanding artists. Recently he played solo piano with Lee Brown in Liberman's Concerto for Jazz Band and Symphony Orchestra.

Soloists for the program were Lucy Harris, pianist, and Joey Harris, violinist. Miss Harris played Beethoven's Pathétique Sonata and then accompanied her brother in the Concerto No. 1 by Accoly.

### Orchestra Organizer

Eugene Minor, a senior at Narbonne High school, where he has been a student conductor for three years, organized the orchestra only a year ago. Five musicians met in the back yard of one of their members for the first meeting. The group has now grown to 50 and they now have the added support of the Lions club of Lomita-Harbor City.

### Give Baby Shower For Mrs. Devlin

Mrs. Gerald Devlin and her baby son, Michael of Inglewood were the honored guests at a baby shower Sunday evening March 30, given by Mrs. Bertha F. McNeil and her daughter Jean at their home, 3313 Sonoma, Torrance.

Guests were Mrs. Anne L. Pelfrey and daughter Pat, Mrs. Mary C. Matthews, Manhattan Beach; Mrs. Yvonne Frank, Santa Monica; Mrs. June Wisecarver, Hawthorne; Mrs. Mabel Meisel, Gardena and Mrs. Frances Orsini and daughter Rose of Torrance.

### Common Interests

All the mothers present with the exception of Mrs. Mary Matthews, have sons at the Maronist Novitiate in Santa Cruz, who will take their first professional vows this coming August 15, before entering St. Mary's college to study for the priesthood or brotherhood in the Society of Mary.

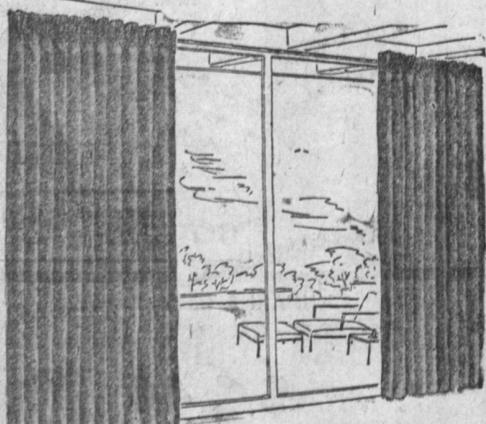
Mrs. Matthews' son, who graduates from Junipero Serra High school this June, expects to enter the Santa Cruz Novitiate.



CALIFORNIA'S Betty Crocker Homemaker of Tomorrow is 17-year-old Patricia McMahon of St. Anthony's High School, Long Beach. She will receive a \$1500 scholarship from General Mills for gaining the highest score in the state in a written homemaking examination.

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